



CELEBRATING

AUTISM

With **World Autism Awareness Day** on April 2, it was a good moment to reflect on how far we have come from just knowing about Autism to slowly learning how to be more accepting and inclusive in our everyday spaces.

Autism, or **Autism Spectrum Disorder (ASD)**, refers to a range of differences in the way individuals communicate, interact and experience the world. It is called a Spectrum because every individual is different. While some may need more support, others live independently, each with their own strengths, preferences and ways of expressing themselves. **Current estimates suggest that Autism affects between 1 in 68 to 1 in 100 children in India.**

*"If you've met one individual with autism,
you've met one individual with autism."*

Dr. Stephen Shore

Autism Speaks

This song written by Kahlah Taylor beautifully captures the voice of individuals on the spectrum, their feelings, their individuality and the simple message that they are not different from us, just different in their own ways.

Click on the thumbnail on the right to listen to it:



We Celebrate Neurodiversity

At TSRS, we continue to recognise that neurological differences are a natural part of being human. Each child brings a unique way of thinking and learning, and it is diversity that strengthens our community.



Celebrating Autism: Aarushi Pratap

Aarushi Pratap is an autistic fashion designer and visual artist whose work reflects her vibrant imagination and distinctive perspective. Her designs, known for their bold colours and playful yet thoughtful aesthetic, offer a glimpse into how she experiences the world.

Her work has been showcased on some of the most exciting runways, including New York Fashion Week (2025), Tampa Bay Fashion Week (2023, 2024, 2025) and multiple inclusive fashion shows and fundraisers across the US.

"Creating garments helps me think, communicate, be calm, and joyful"



Through her journey, Aarushi continues to challenge stereotypes and expand what inclusion can look like.

In her own words,

“*Art is my language and fashion design gives me my voice.*”

Aarushi has been a real life inspiration for the Autistic Barbie doll by Mattel. The doll, created with inputs from the autistic community, reflects how autistic individuals may experience and engage with the world. This doll invites more children to see themselves represented in Barbie.

[Click here](#) to read more.

As we move forward, our focus remains to listen more, understanding better and making space for every child to be themselves.

#InclusionInAction

