



FEBRUARY, 2026

SENSORY-FRIENDLY TRAVEL



Travel is an integral part of our lives and something many of us look forward to with excitement. However, for people with sensory sensitivities, neurodivergent children and their families, travel can at times feel stressful and overwhelming.

Many airports across the world have introduced sensory rooms or sensory friendly spaces. These are calming, quiet environments designed to reduce sensory overload and help children regulate better during the travel journey making the experience more comfortable for both children and their family.

Below is a curated list of airports that offer sensory rooms or sensory friendly environments to support travellers with sensory sensitivities, including neurodivergent passengers.



Bengaluru Airport Opens India's First Sensory Room For Neurodivergent Travellers



Situated on Level 4 of Terminal 1 near the 080 International



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INDIA

Kempegowda International Airport, Bengaluru

India's first airport with a dedicated sensory room for neurodivergent travellers, designed to help passengers feel calm before travel.

Indira Gandhi International Airport, New Delhi

has partnered with the Animal Angels Foundation to support passengers through animal assisted therapy. Travellers can interact with trained therapy dogs at Terminal 1 and Terminal 3 from Monday to Saturday between 10:00 am - 2:00 pm. AAF is doing amazing work!



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USA

San Francisco International Airport

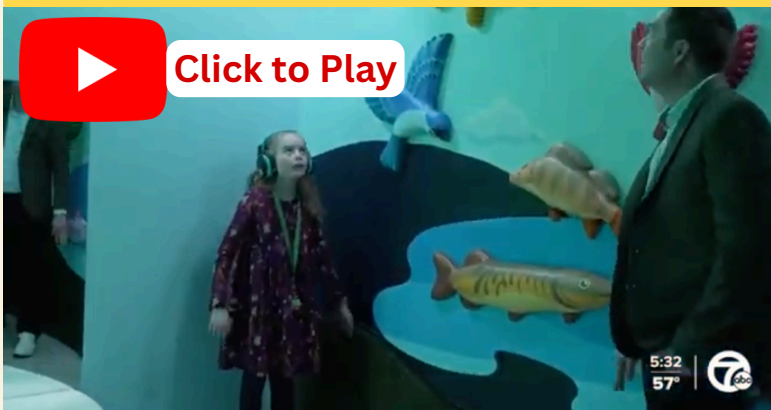


Offers a sensory room with quiet, active and simulated airplane cabin areas to help visitors acclimate and relax.

Indianapolis International Airport

2 sensory rooms with calm seating, adjustable lighting and sensory tools, certified as sensory-inclusive by Kulture City. Do check out the Social Story on this link: [Indianapolis Airport](#)

Detroit Metropolitan Airport



Multi-sensory room with tactile features and dimmable lighting to offer a calm space for travellers.

Salt Lake City International Airport

Has opened its first sensory room featuring beanbags, activity panels and sensory bags to support sensory needs. Click to view: [Salt Lake City Airport](#)



OTHER INTERNATIONAL AIRPORTS:

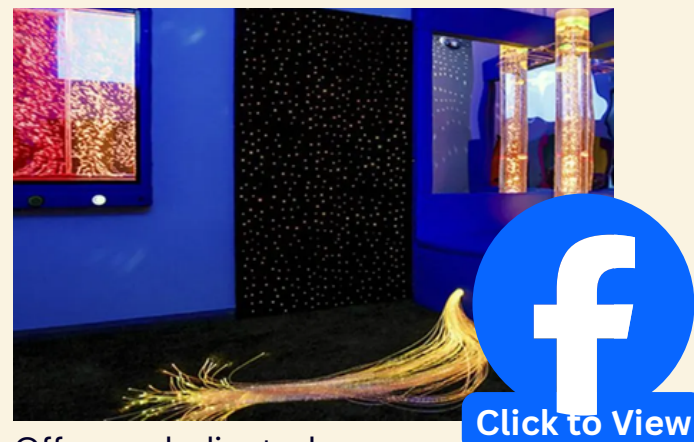
Changi Airport, Singapore



Launched its first Calm Room, a sensory-friendly space designed for neurodivergent travellers and care-givers.

Click this link to read more about the serene spaces created at the airport: [Changi Airport, Singapore](#)

Dublin Airport, Ireland



Offers a dedicated sensory room with mood lighting, bean bags and tactile elements for passengers with sensory sensitivities.

We would love to hear about your experience if you visit any of these sensory spaces.